

GENERAL FIRST AID QUIZ

Multiple choice quiz, just choose the correct answer then check your answers at the end:

1. What is the correct sequence for the Primary Survey?

- A. Damage, Response, Airway, Breathing
- B. Danger, Response, Airway, Breathing
- C. Danger, Reply, Artery, Breathing
- D. Danger, Response, Advice, Back

2. What should you not do before carrying out 'abdominal thrusts' on someone who is choking?

- A. Tell the person who is choking to cough
- B. Shout for help
- C. Lean the person who is choking backwards
- D. Up to 5 sharp back blows between the shoulder blades

3. What is the 'normal' number of breaths per minute for an adult?

- A. 20-40
- B. 30-60
- C. 8-10
- D. 12-20

4. If a stroke is suspected you need to do the F.A.S.T. test. What do these letters stand for?

- A. Face, Abdominal, Speech, Time
- B. Faint, Arms, Speech, Time
- C. Face, Arms, Speech, Time
- D. Face, Arms, Speech, Teeth

5. After someone has fainted what position should they be in to aid recovery?

- A. Lay flat
- B. Lay down with legs raised
- C. Sit in chair
- D. Stand upright

GENERAL FIRST AID QUIZ

Multiple choice quiz, just choose the correct answer then check your answers at the end:

- 6. What position should the head be in during a nosebleed?**
- A. Head forward
 - B. Head level
 - C. Head backwards
 - D. Head tilted to side
- 7. Burns larger than 1% of the body area need to be checked at hospital. What is the equivalent size of 1%?**
- A. Head
 - B. Palm including fingers
 - C. Fingers
 - D. Forearm
- 8. What is normal body temperature?**
- A. 36-37.5°C
 - B. 39°C
 - C. 31.5°C
 - D. 40.5°C
- 9. What is not a sign of shock?**
- A. Pale, clammy skin
 - B. Increased pulse rate
 - C. Nausea
 - D. Wide eyes and open mouth
- 10. In which situation would you wrap a casualty in a cold, wet sheet?**
- A. Stroke
 - B. Fainting
 - C. Heat stroke
 - D. Heart attack

ANSWERS

- 1. What is the correct sequence for the Primary Survey?**
B. Danger, Response, Airway, Breathing
- 2. What should you not do before carrying out 'abdominal thrusts' on someone who is choking?**
C. Lean the person who is choking backwards
- 3. What is the 'normal' number of breaths per minute for an adult?**
D. 12-20
- 4. If a stroke is suspected you need to do the F.A.S.T. test. What do these letters stand for?**
C. Face, Arms, Speech, Time
- 5. After someone has fainted what position should they be in to aid recovery?**
B. Lay down with legs raised
- 6. What position should the head be in during a nosebleed?**
A. Head forward
- 7. Burns larger than 1% of the body area need to be checked at hospital. What is the equivalent size of 1%?**
B. Palm including fingers
- 8. What is normal body temperature?**
A. 36-37.5°C
- 9. What is not a sign of shock?**
D. Wide eyes and open mouth
- 10. In which situation would you wrap a casualty in a cold, wet sheet?**
C. Heat stroke