

First Aid at Work Requalification (2 days)



Printed on 6 June 2026

The course refreshes and updates First Aid skills and requalifies the First Aid At Work qualification.

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| Location | St. David's Dewi Sant Shopping Centre, Cardiff |
| Course length | 2 days |
| Cost | £166.67 (ex VAT), £200.00 (inc VAT) |
| Prerequisites | A valid First Aid At Work certificate, or the certificate must be within a month of expiry |
| Validity of award | Valid for 3 years. |

Topics

This requalification course covers the contents of the 3 day First Aid At Work course in two days.

Assessment

- Continual assessment by the tutor
- Demonstrate the ability to administer cardiopulmonary resuscitation (CPR) on an adult manikin
- Safe application and use of an AED (Automated External Defibrillator)
- Demonstrate the ability to carry out First Aid for an unconscious casualty
- Demonstrate the ability to carry out First Aid for a workplace emergency situation
- Complete worksheets during the course

Additional information

You must have a valid First Aid At Work certificate, or the certificate must be within a month of expiry. The First Aid At Work certificate is valid for 3 years after successfully completing the course.

If you have a qualification gained from a different certifying body we can requalify you as long as we are provided with a copy of your current certificate prior to booking your place.

If you are unsure about the validity of your First Aid At Work certificate please contact us.

Valid for 3 years. Must be revalidated on another 2 day refresher course. Annual refresher courses are also available if you would like to refresh your skills in the meantime.

Make an enquiry or book a course

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- Call now 0800 0246299, Available Mon-Fri, 9am - 5pm
- Email info@stdavidsfirstaid.co.uk