

# First Aid at Work (3 days)



Printed on 12 April 2026

STA Level 3 Award in First Aid at Work aims to provide learners with the knowledge and practical competences required to be able to deal with a range of workplace emergency first aid situations, as well as a range of specific injuries and illnesses. This qualification is regulated by Ofqual (England) and by Qualifications Wales (Wales).

<b>Location</b>	At your workplace
<b>Course length</b>	3 days
<b>Cost</b>	Depends on group size and location, please call us for a quote
<b>Prerequisites</b>	Age 16 years or older. Must be able to perform practical demonstrations on the floor.
<b>Validity of award</b>	Valid for 3 years and can be re-validated on a 2 day refresher course

## Topics

Understand the role and responsibilities of a first aider

Be able to assess an emergency situation safely

Be able to provide first aid to an unresponsive casualty who is breathing normally (includes recovery position)

Be able to provide first aid to an unresponsive casualty who is not breathing normally (includes CPR and AED)

Be able to provide first aid to a casualty who is choking

Know how to provide first aid to a casualty who is experiencing a seizure

Know how to provide first aid to a casualty who is suffering from shock

Be able to provide first aid to a casualty with external bleeding

Know how to provide first aid to a casualty with minor injuries (small cuts, grazes, bumps and bruises, small splinters, nosebleeds, minor burns and scalds)

Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints

Be able to provide first aid to a casualty with suspected head and spinal injuries

Know how to provide first aid to a casualty with an eye injury

Know how to provide first aid to a casualty with a suspected acute medical

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condition or sudden illness (includes asthma attack, heart attack, stroke, diabetic hypoglycaemic emergency)

Be able to provide first aid to a casualty with anaphylaxis

Know how to provide first aid to a casualty with suspected poisoning

Know how to provide first aid to a casualty with burns and scalds

Know how to provide first aid to a casualty with suspected chest injuries

Be able to conduct a secondary survey

## Assessment

- Tutor assessed through practical demonstrations
- Completion of a multiple-choice theory assessment

## Additional information

There is an optional recommendation of attending a short First Aid refresher course annually.

## Make an enquiry or book a course

- Call now 0800 0246299, Available Mon-Fri, 9am - 5pm
- Email [info@stdavidsfirstaid.co.uk](mailto:info@stdavidsfirstaid.co.uk)