

# CPR and AED

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This Level 2 (1 credit) Award will teach you how to identify casualties suffering from cardiac arrest, competently perform lifesaving CPR and safely use an Automated External Defibrillator (AED) to significantly increase the chances of survival.

<b>Location</b>	At your workplace
<b>Course length</b>	Half day
<b>Cost</b>	Price on request
<b>Prerequisites</b>	Be 16 years of age or older
<b>Validity of award</b>	Valid for 2 years

## Topics

This qualification covers:

- How to manage an unresponsive casualty
- How to effectively perform cardiopulmonary resuscitation (CPR)
- How to safely use an Automated External Defibrillator (AED) both as a team leader and as a single operator

You will learn how to assess the scene for danger, assess a casualty's level of consciousness and how to place an unresponsive casualty in the recovery position.

It is important to understand that the risk of death can be reduced if you have a defibrillator in your workplace and you know how to use it. The most common cause for a heart to stop is a heart attack (cardiac arrest) and it is usually because it has interrupted the heart's electrical impulses. Treatment can be given by delivering a controlled electric shock through the heart using an Automated External Defibrillator (AED). It is a safe, reliable and computerised device that can analyse heart rhythms.

## Assessment

This qualification is tutor assessed through the completion of worksheets and practical demonstrations.

## Additional information

The use of a defibrillator can dramatically increase the chances of survival if a heart stops beating but it must be used promptly. For every one minute delay in delivering the shock the chance of survival reduces by up to 10%.

## Make an enquiry or book a course

- Call now 0800 0246299, Available Mon-Fri, 9am - 5pm

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